



## Skillastics® Physical Activity Program Evaluation

- 1) The instructor greeted his/her students enthusiastically and was excited for the lesson of the day. (*Looks like – natural, genuine*)

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- 2) The instructor was enthusiastic throughout the lesson. (*Looks like – exhibited excitement, smiling, used student's names*)

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- 3) The instructor has the Skillastics® equipment organized. (*Looks like – all equipment placed conveniently and accessible, has everything needed for the lesson on-hand*)

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- 4) The instructor had great management skills. (*Looks like – keep students organized and working together, transitions between activities went smoothly, students know expectations and what to do, respond without complaint, lots of student movement*)

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5) The instructor explained the lesson properly. (*Look like – sounded clear, precise and student’s showed understanding. Allowed for a few questions and answered clearly*)

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6) The students responded positively to the instruction. (*Looks like – listened intently, payed attention, followed directions, look cheerful and engaged*)

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7) The instructor made the most of his/her time keeping the students active. (*Look like – all students started moving right away and were moving the majority of the time with quick transitions to new activities*)

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8) The instructor was positive and provided encouragement throughout the instruction. (*Looks like – said things that were positive, corrected without being mean, derogatory or nasty*)

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9) The instructor taught the Skillastics® lesson properly. (*Looks like – confident, strong, assured, spirited, organized*)

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10) The instructor was knowledgeable, and it was evident he/she reviewed the *Skillastics® Physical Activity Manual* prior to the lesson. (*Looks like – smooth delivery, not using notes too much or not at all, being organized and the lesson flowed*)

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11) The instructor used personal experiences when explaining to the children about the character trait word of the day. (*Look like – confidence, sincere*)

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12) The instructor made use of the space used for the Skillastics® Physical Activity lesson. (*Looks like – space was not too tight/cramped for the activities*)

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13) The instructor helped students who may have been having a difficult time with the Skillastics® Physical Activity lesson. *(Looks like – using positive language, not focusing only on the “good athletes” but also encouraging and instructing those having difficulty)*

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14) The instructor took care of the equipment and properly stored it away. *(Looks like – set a good example of respect and safe handling of the equipment, encouraged students to do likewise, encouraged student-assistance with appropriate clean-up and care of equipment)*

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15) This instructor overall was a great representation of teaching Skillastics® to students.

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**Additional Comments:**

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